

Engagement through song

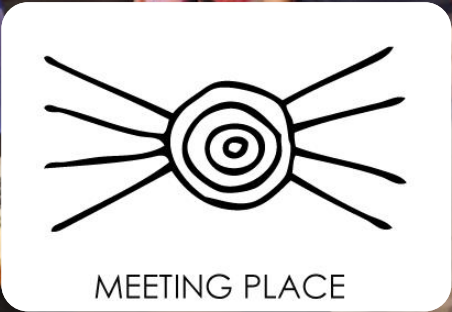
Bahareh Bidabin - Acacia Ridge State School, QLD

Mandy Cox - Communify, QLD

Louise Armstrong - Grand Avenue State School, QLD

Jo Franolich - Zillmere State School, QLD

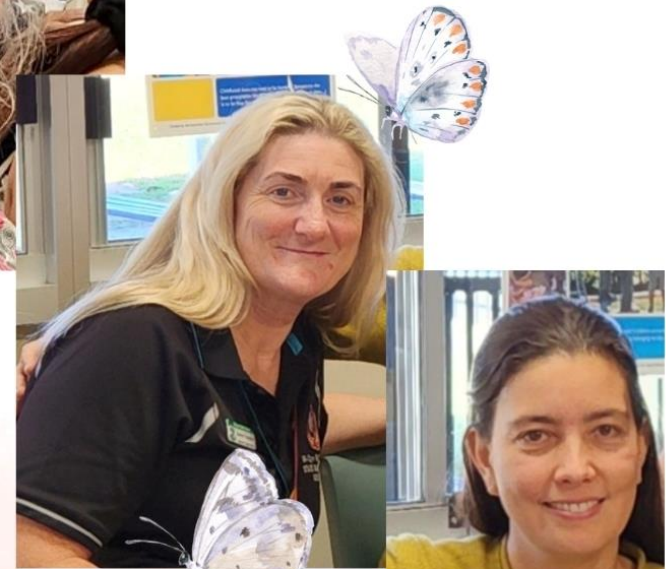
Paola Caballero – Inala State School, QLD



BRISBANE Community Hubs

7th June 2023

- When adults dance to music and create songs together it can energise and unite them.
- When people hear familiar music it can bring back fond memories of past celebrations and joyful events.
- Creating space and encouragement to dance and sing together can spark self-expression and creativity
- Adelaide University researchers Fatuma Hussein, Elmi etc al have studied how dance and music celebrations among refugee communities contribute to mental wellbeing.











سلام من بهاره هستم
من به سودمند بودن این انجمن های گروهی ایمان دارم
ما خانواده ها را به زندگی برمیگردانیم
ما به آنها آزادی و امنیت هدیه می دهیم

- Music is a wonderful pathway to strengthening family relationships and support children's development
- Music is a powerful tool that facilitates a sense of togetherness between one another
- Music gives us a venue to celebrate diversity and cultural richness





I'm a hub leader, hear me
roar

In numbers, don't know to
be sure

And I dream about hub
programs, yes I do!

I clean playdough off the
floor

And sing nursery rhymes
galore

Hoping all those mum's
come back again real soon

Yes, I am wise

But, it's wisdom born of
backpain

Yes, I've paid the price

But look how much we've
gained

If I have to

I can do anything

I am strong

I am invincible

I'm a hub leader





At first, I was afraid, I was petrified
It was hard to live in Australia, without you by my side
But then I spent a few occasions at this place they call the Hub
with English classes and a playgroup for our bub

Now I go back, every chance I get
cooking, sewing, Zumba
I've got no regrets
I put Fatima into Prep here
the first day was so hard
but the hub leader kindly offered
Coffee & tissues with regard





Woah now I go, walk through the door, with my head
high now

'Cause I'm more empowered than before

I've just done a certificate and now I'm looking to get a
job

I feel nervous, but so excited, my heart's all a throb

Now I know, I will survive

thanks to Community Hub and all the friendships, I'll
be fine

I've got my life in Australia where sun and smiles shine

And I'll survive, I'll do more than survive... I'll thrive!!!



BAHAREH'S INVITATION TO DANCE



Acacia Ridge state school Community Hub



Grand Avenue state school Community Hub



In knowledge
We Grow



Zillmere State school Community Hub



Inala State School
Community Hub
Brisbane, QLD



Paola Caballero
Hub Leader

Thank You