

Paediatricians in primary schools

Cass Beckham - Truganina South Primary School, VIC Vicki Haynes - Truganina South Primary School, VIC Anna Cartwright - Paediatric registrar, Werribee Mercy Hospital School Outreach Clinic Program, VIC



PAEDIATRICIANS IN PRIMARY SCHOOLS

City of Wyndham, Victoria

Vicki Haynes:

Community Hub Leader, Truganina South Primary School

Cass Beckman:

Assistant Principal Truganina South Primary School

Anna Cartwright:

Paediatric registrar, Werribee Mercy Hospital School Outreach Clinic Program



The School Outreach Program

- Partnership between North-West Primary Health Network and Community Hubs Australia
- Aims to provide families with access to specialist medical care who otherwise may not have received it
- Set up in the three Community Hubs in Wyndham, VIC
- Support for families with any developmental, speech, behaviourial, emotional concerns for their children
- Multi-disciplinary case conferencing













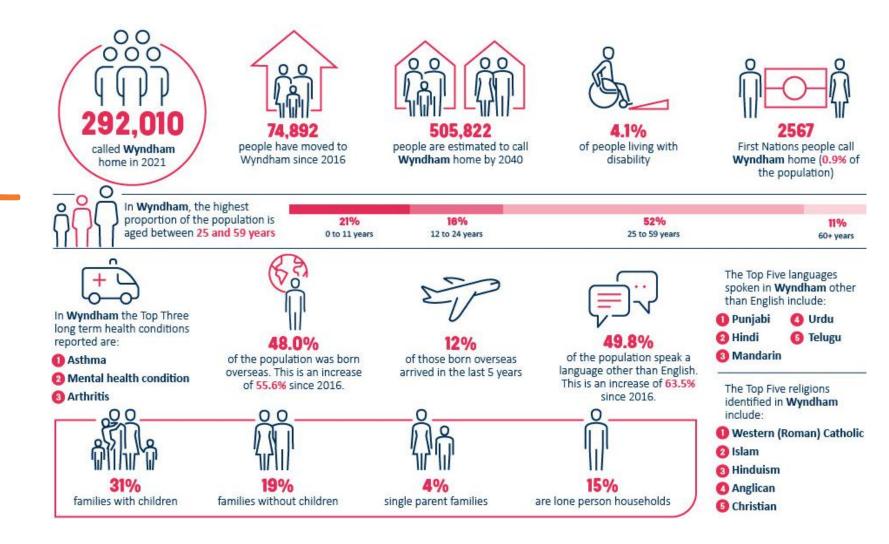


The Hubs

- Safe, familiar environment
- Access to services for families
- Introduces new families to our Community Hub
- Consultation rooms set up in the Hub or appropriate space in the school

Wyndham City

- Median Age: 31
- 25.5% of the population 0-14 years old
- Fastest growing region in the country 2019-2022
- Multicultural demographic



- 1. Australian Bureau of Statistics. (2021). QuickStats: Salisbury East (SA). Retrieved from https://www.abs.gov.au/census/find-census-data/quickstats/2021/SAL22883
- 2. Wyndham City Council. (n.d.). Snapshot Wyndham. [Online] Available at: https://www.wyndham.vic.gov.au/snapshot-wyndham (Accessed: May 23, 2023)

Strengths

- Reduces **barriers** to paediatric care
- **Earlier intervention** improves long term outcomes
- Comfortable/ familiar environment
- Reduces school absences for appointments
- Immediate feedback to, and from, teachers & school allied health staff
- With parents consent, the **school** can also request referral to the clinic



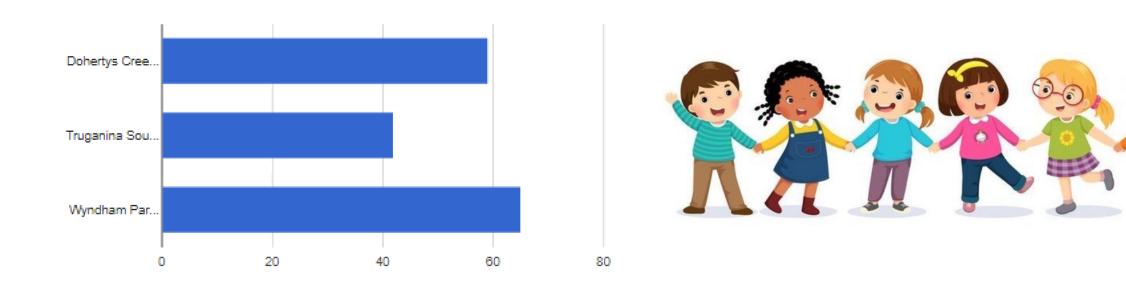
Challenges

- Access to timely allied health or diagnostic services in the community
- Appropriate spaces to review & examine patients
- Appropriate equipment
- Maintaining engagement with some vulnerable patients
- Referrals exceeding the clinics capacity in some schools

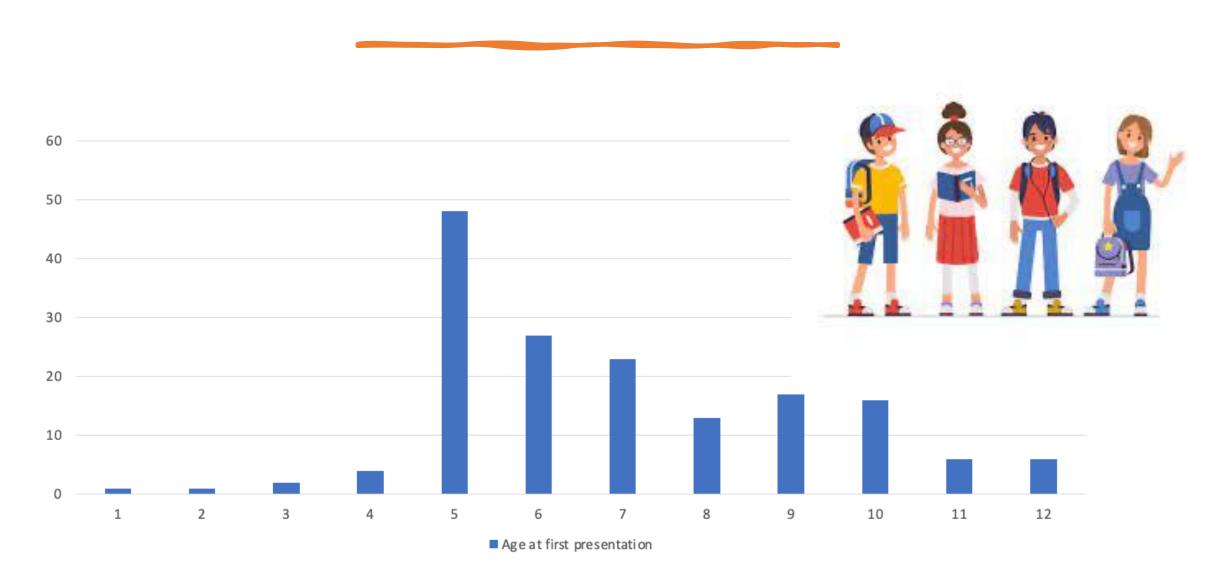


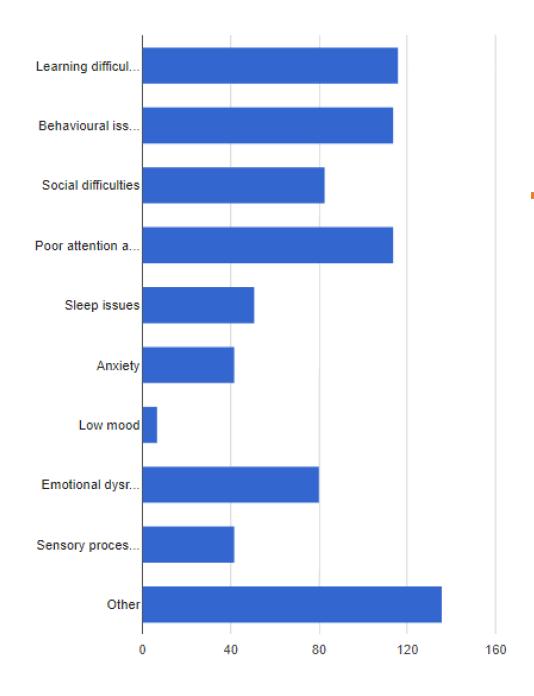
Clinic Snapshot

• More than **160** children seen so far



Age at First Presentation





Symptoms



Intellectual disa. Anxiety Depression ADHD ODD Speech/langua.. Global develop.. Iron deficiency Other Vitamin D defici. Elevated BMI 30 60

Diagnoses



What have we been able to do?

- Health education
- Link patients with NDIS or community allied health
- **Developmental** monitoring
- Refer for appropriate cognitive, speech or Autism assessments
- Treat **medical** issues
- Treat developmental & psychiatric issues
- Work closely with the schools to optimise care



Why are Paediatricians in schools valuable?

- Opportunities to share how the child is at home and at school.
- Strengthens the home-school partnership.
- Invites families into an environment where they feel safe and supported.
- Child does not miss out on attending school.
- Can closely monitor the effects of any medication.



Werribee Mercy Hospital

Director of Paediatrics:Dr Kathy McMahon

Paediatricians:

Dr Chantal Westgarth
Dr Mehreen Majeed
Dr Sarah Chapman
Paediatric registrar

Admin Staff: Christy Jeromson



Community Hubs Australia: Hub Coordinators

Louise Holley: Wyndham Park
Primary School

Morwenna Petaia: Doherty's Creek
P-9 College

Vicki Haynes: Truganina South
Primary School

North Western Melbourne Primary Health care Network



School Staff:

Truganina South Primary

Principal: Linda Danese

Assistant Principal: Cass Beckman **Wellbeing teachers:** Alex Wren/ Pel

Zeybek

Wyndham Park Primary

Principal: John Eskander

Leading teacher: Madhura Krupashankar

Doherty's Creek P-9

Principal: Tami-Jo Ritcher

Speech pathologist: Thea Canonigo

And all of the teaching staff, speech pathologists, school councillors