

Swimming program

Helen Grdic - Heckenberg Public School, NSW

Silvana Lofaro - Hoxton Park Public School, NSW

Nivek Aoun - Marsden Road Public School, NSW

Women's Water Safety, Swimming and CPR Training Program

- Presented by: NSW, Liverpool LGA Community Hub Network Team

MEET OUR NETWORK TEAM



SILVANA LOFARO

Hoxton Park – Hub Leader



HELEN GRDIC

Heckenberg – Hub Leader



NIVEK AOUN

Marsden Road – Hub Leader



CATHY AINSWORTH

LCC - Support Coordinator

WHAT WESTERN SYDNEY LIVERPOOL LOOKS LIKE

	Liverpool LGA	Marsden Road	Heckenberg	Hoxton Park
Population	239,430	31,000	3,263	4,572
No: of different cultures residing	130	109	46	76
Socio-Economic disadvantaged	39%	10%	2%	62%

TURN THE IDEA INTO A PROJECT

WHAT WILL CHANGE AS A RESULT OF YOUR IDEA

DISCUSS AND SHARE YOUR IDEA WITH YOUR TEAM

IS THERE SIMILAR PROJECTS AVAILABLE AND COMMUNITY GROUPS WE CAN PARTNER WITH

WHAT WILL YOU NEED TO MAKE YOUR IDEA A PROJECT.





ROYAL LIFE SAVING
NEW SOUTH WALES

Program Partners

- **Leisure Management and/or Aquatic Centre**
- **Royal Life Saving Australia**
- **Liverpool City Council grant**
- **Free bus transport via council**
- **Free child minding via non for-profit organisation**

Funding of program

- **Grants**
- **Funds for community engagement**

Target groups

- **Community Hub members**
- **Women from the local community**

Considerations

- **Complex logistics**
- **Collaboration with partners**



MICHAEL WENDEN
AQUATIC LEISURE
CENTRE

LIVERPOOL
CITY
COUNCIL

LIVERPOOL
NEIGHBOURHOOD
CONNECTIONS



belgravialeisure
connecting community to leisure

WHAT TO EXPECT WHEN YOUR PROJECT STARTS

Useful Hints

- Prepare a slide show and discuss the program with the families prior commencement.
- Use week one as a dry run and induction.
 - Meet instructors
 - Meet childminding team
 - Transport and how long it will take.



CELEBRATING YOUR PROJECT



What were your key Learning

What were the outcomes

Was there any impact

What changes have you noticed



Celebrate what you achieved.



**NEW
WAVE**

NEWS
NEWS

